

**SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)**  
**REGULAR MEETING**  
*Minutes*  
**March 1, 2023**

Members: Ron Henninger, David Kehoe, Heather Jones, Cindy Greene, Mary Rickert, Connie Webber, Angel Rocke, Charlie Menoher, Sam Major, Dale Marlar, Jo-Ann Medina, Christine Stewart, Alan Mullikin

Absent Members: Anne Prielipp, Kayln Jones

Shasta County Staff: Katie Cassidy, Rene Bairos, Nicole Carroll, Miguel Rodriguez, Christopher Diamond, Leah Shuffleton, Marci Fernandez, Josie Englin, Shawna Flannigan.

Guests: Wendy Willis, Partnership Healthcare Representative.

Agenda Item	Discussion	Action	Individual Responsible
I. Call to Order & Welcome	<ul style="list-style-type: none"> <li>➤ The meeting was called to order and all present parties were welcomed.</li> <li>➤ The board gave a big thanks to Nicole Carroll, Board Secretary, for coming in on the weekend to ensure the meeting would be run despite the inclement weather.</li> </ul>		<ul style="list-style-type: none"> <li>➤ MHADAB Chair Ron Henninger</li> </ul>
II. Open Public Comment Period	<ul style="list-style-type: none"> <li>➤ A public commenter spoke about the location of the county grievance box, they didn't feel it's accessible when located behind the security officers. The signage may need to be changed as well to make the box more accessible or noticeable.</li> <li>➤ A public commenter reported Lab24 has not been contacting the pharmacy in a timely manner, clients need to have blood work done before they can receive an injection and this is concerning when there is not an individual to advocate for the client.</li> <li>➤ A public commenter said that there are no Patient Rights Handbooks in the lobby at 2640 Breslauer Way.</li> <li>➤ A public commenter said that it took about two years of conservatorship before a client was able to get better in his treatment, and she is in fear that clients may decline after being moved out of the STAR program. She wondered about continuing care and what the criteria is to move clients out of STAR program when stable. She has a fear about clients being pushed out of our programs, and not having support to remain stable.</li> </ul>		
III. Staff and Board Member Reports	<ul style="list-style-type: none"> <li>➤ Staff addressed Public Comments from the previous meeting. <ul style="list-style-type: none"> <li>▪ There was a three month wait for new and returning client psychiatry appointments when a county Nurse Practitioner retired. There was not a good structure in place for transitional scheduling.</li> </ul> </li> </ul>		<ul style="list-style-type: none"> <li>➤ Miguel Rodriguez, MH Director</li> </ul>

	<p>This has been rectified going forward, and Miguel thanked the board for the feedback.</p> <ul style="list-style-type: none"> <li>▪ Clients may request that Third party Telehealth Consultants leave the room during virtual medical appointments. There are times this may not be possible if a client may be a danger to themselves or others. Alternatively, clients can request to have their social worker, or other staff member available in the room.</li> <li>▪ Leah Shuffleton provided an Action Report which reported 23 grievances this year and Chair Ron Henninger requested a follow up summary report of the grievances.</li> <li>▪ Teleconferencing update from Nicole Carroll on the required presence of Board Members, unless an emergency situation arises.</li> <li>▪ MHSA Stakeholder Meeting Change: Stakeholders requested more notice for the meeting. It will now take place at the Boggs Building, March 24<sup>th</sup>, at 10:00 a.m.</li> <li>▪ Board Member Heather Jones provided a NAMI update: Questions from the meeting included: How do clients get back on to the STAR Team if they need more help? If a client starts to miss their monthly injections would someone from Mental Health be able to call and notify family members of any red flags? NAMI members have heard that clients are being released from psychiatric hospitals when they are not stable, and discharged without a sufficient plan. LPS Clients are said to be released early from their conservatorship. Heather also inquired about the duties of the staff at the Woodlands housing complex.</li> </ul>		
IV. Consent Calendar	<p>A. <u>Approval of Meeting Minutes</u> Board members reviewed minutes from the February 1, 2023, meeting.</p>	<p>➤ The Consent Calendar was passed unanimously with twelve (12) ayes, and zero (0) nays, and zero (0) abstentions.</p>	<p>➤ Motion: Charlie Menoher Second: David Kehoe</p>
V. Presentations	<p>➤ Wendy Millis, Partnership Healthcare representative, presented on the Partnership Regional Model. She discussed the Wellness Recovery Benefits and explained how services have expanded to include accessible care for clients from surrounding areas.</p>		<p>➤ Wendy Millis, Partnership Health Care Representative</p>

VI. Regular Calendar	➤ Board Members discussed and voted to begin regular MHADAB meetings at 5:30 p.m.	➤ MHADAB Meetings approved to start at 5:30 pm with twelve (12) ayes, zero nays (0), and zero (0) abstentions.	➤ Motion: Cindy Greene Second: JoAnn Medina
VII. Discussion Items	<p>A. Katie Cassidy, Deputy Director, presented a video titled Addiction 101. The video presented educational aspects that surround the brain and the disease of addiction, especially focusing on dopamine and how it effects all behaviors.</p> <p>B. Miguel Rodriguez, Director of Mental Health, discussed HHSA's Vision for SUD Services.</p> <p>C. Board members were invited to participate in meeting planning by attending Executive Committee meetings.</p>		<p>➤ Deputy Branch Director Katie Cassidy</p> <p>➤ Director of Mental Health Miguel Rodriguez</p> <p>➤ MHADAB Chair Ron Henninger</p>
VII. Adjournment		➤ Adjournment (7:14 p.m.)	

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Ron Henninger, Chair

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Rachel Renier, Administrative Secretary II